2025 Middle School YRBS

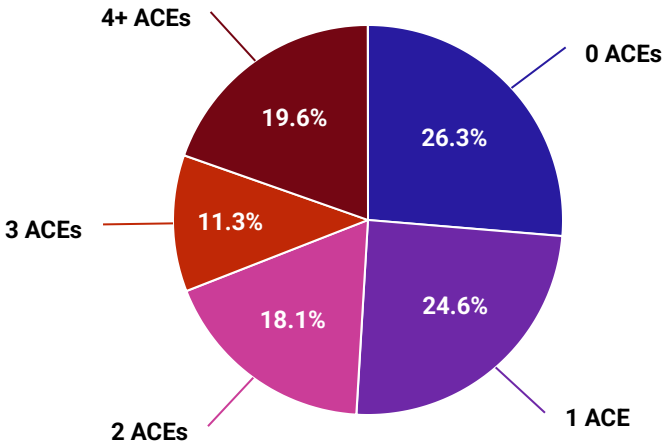
Washoe County

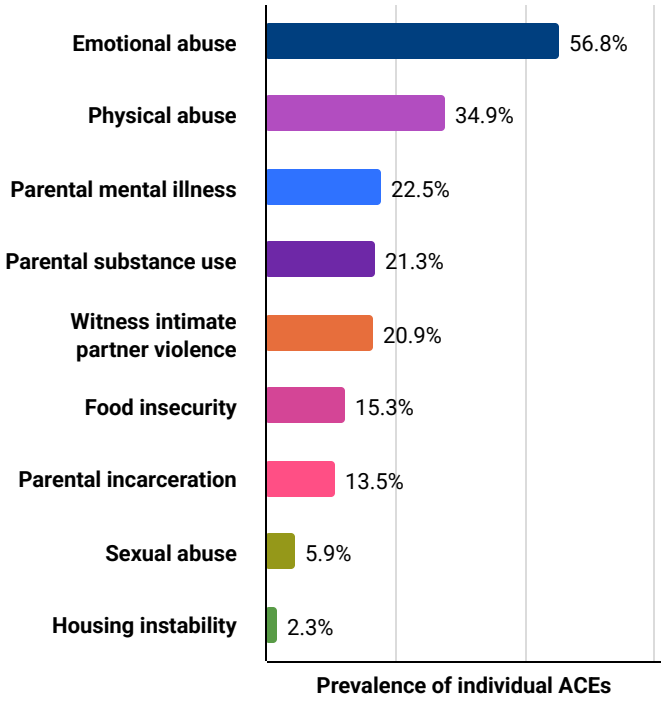
The influence of household adverse childhood experiences (ACEs) and positive childhood experiences (PCEs) on mental health

Findings from the 2025 Nevada Middle School YRBS (n = 1,595)

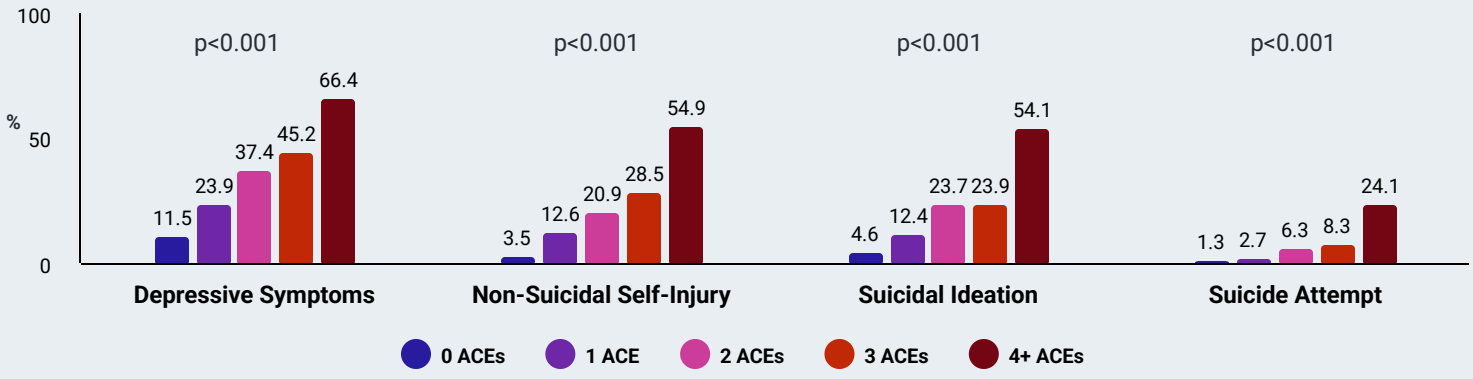
ACEs are potentially traumatic events that occur before the age of 18 years. Household ACEs include abuse, neglect, and household challenges.

Household ACE score among Washoe middle school students





Prevalence of Past 12 Month Mental Health Outcomes by Household ACE Score



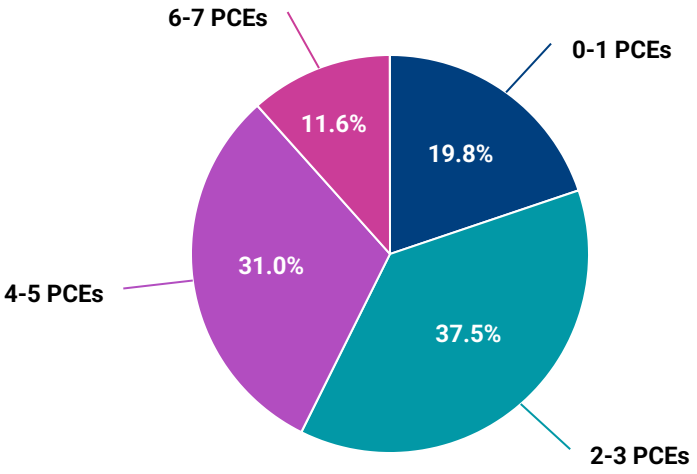
2025 Middle School YRBS

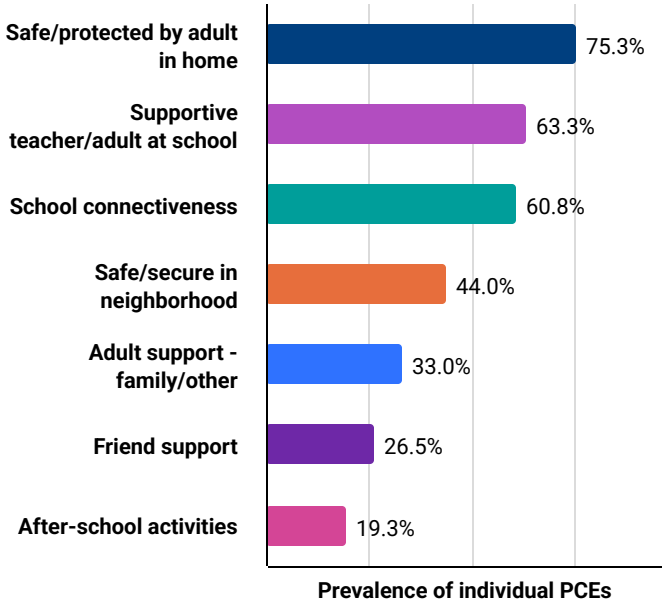
Washoe County

PCEs

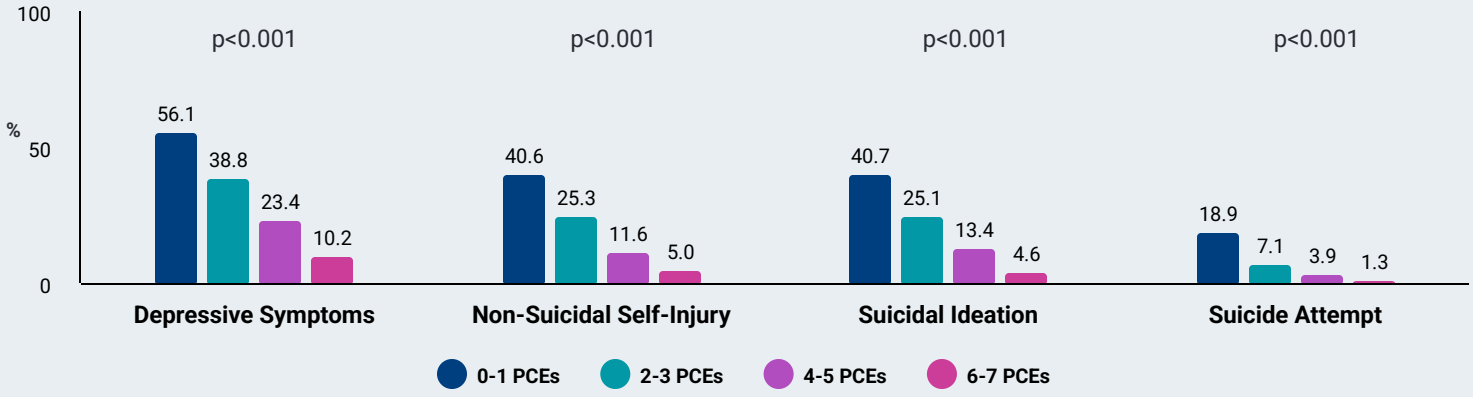
PCEs are positive experiences during childhood, including having safe, stable, nurturing relationships and environments. PCEs include connectedness, security, and constructive use of time. PCEs may offer protection against household ACEs.

Prevalence of PCEs among Washoe middle school students





Prevalence of Past 12 Month Mental Health Outcomes by PCE Score



Crisis Support Services of Nevada/988 Hotline

Nevada 211

NAMI Nevada

Prevent Child Abuse Nevada

First 5 Nevada

Hope Means Nevada

Youth MOVE Nevada