



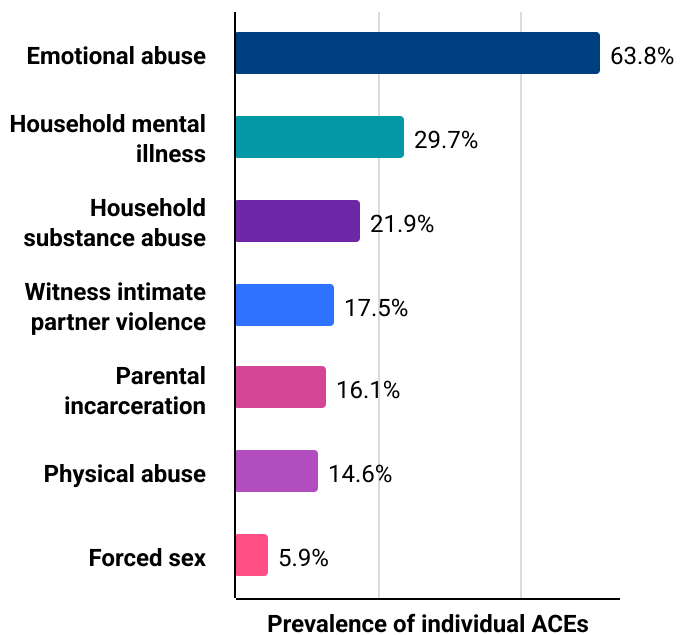
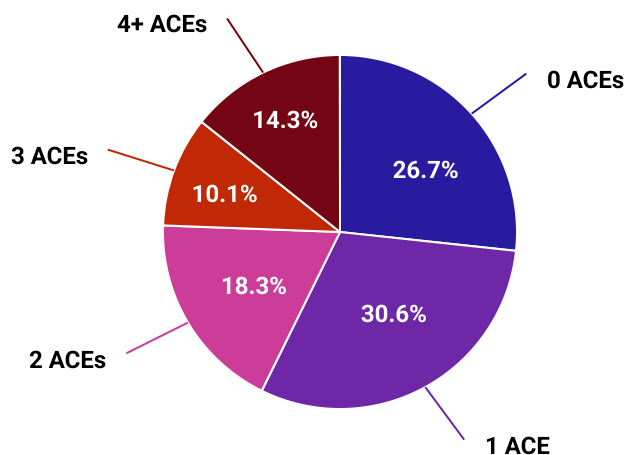
The influence of adverse childhood experiences (ACEs) and positive childhood experiences (PCEs) on substance use

Findings from the 2023 Nevada Middle School YRBS (n = 6,915)

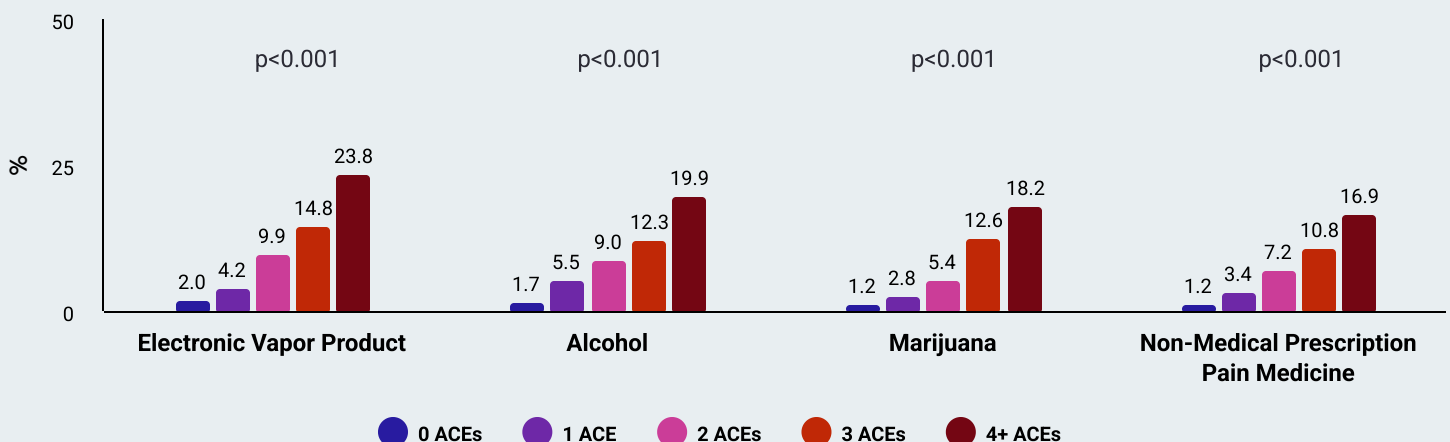
ACEs are potentially traumatic events that occur before the age of 18 years. ACEs include abuse, neglect, and household challenges. Middle school youth who have more ACEs often have more negative health outcomes, including substance use.



Prevalence of ACEs among Nevada middle school students



Prevalence of Past 30-day Substance Use Outcomes by ACE Score

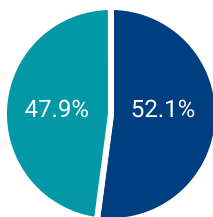




PCEs

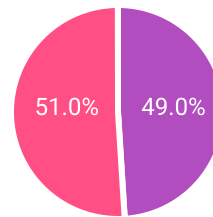
PCEs are positive experiences during childhood, including having safe, stable, nurturing relationships and environments. In the 2023 YRBS, youth were asked six questions covering family communication and school connectedness. An average family communication and school connectedness score was calculated and youth with scores higher than the average score were categorized as having high PCE exposure.

Prevalence of Family Communication and School Connectedness Among All Middle School Students



Family Communication

- High Family Communication
- Low Family Communication

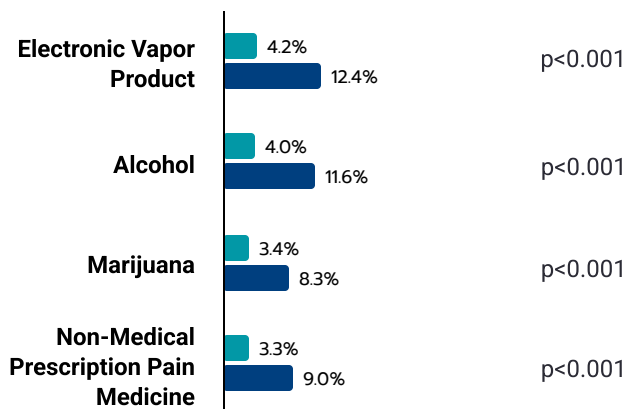


School Connectedness

- High School Connectedness
- Low School Connectedness

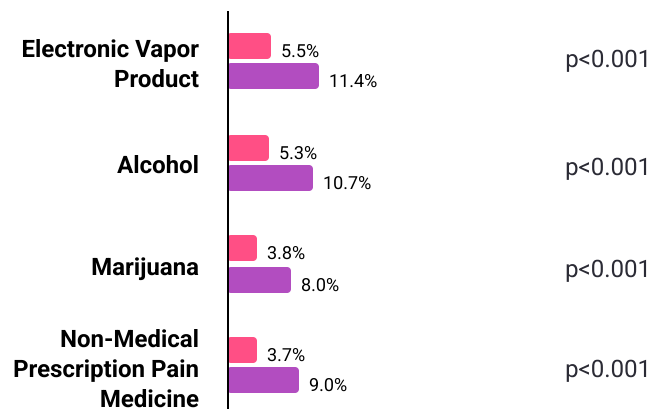
Prevalence of Past 30-day Substance Use Outcomes by PCEs Among All Middle School Students

Family Communication



- High Family Communication
- Low Family Communication

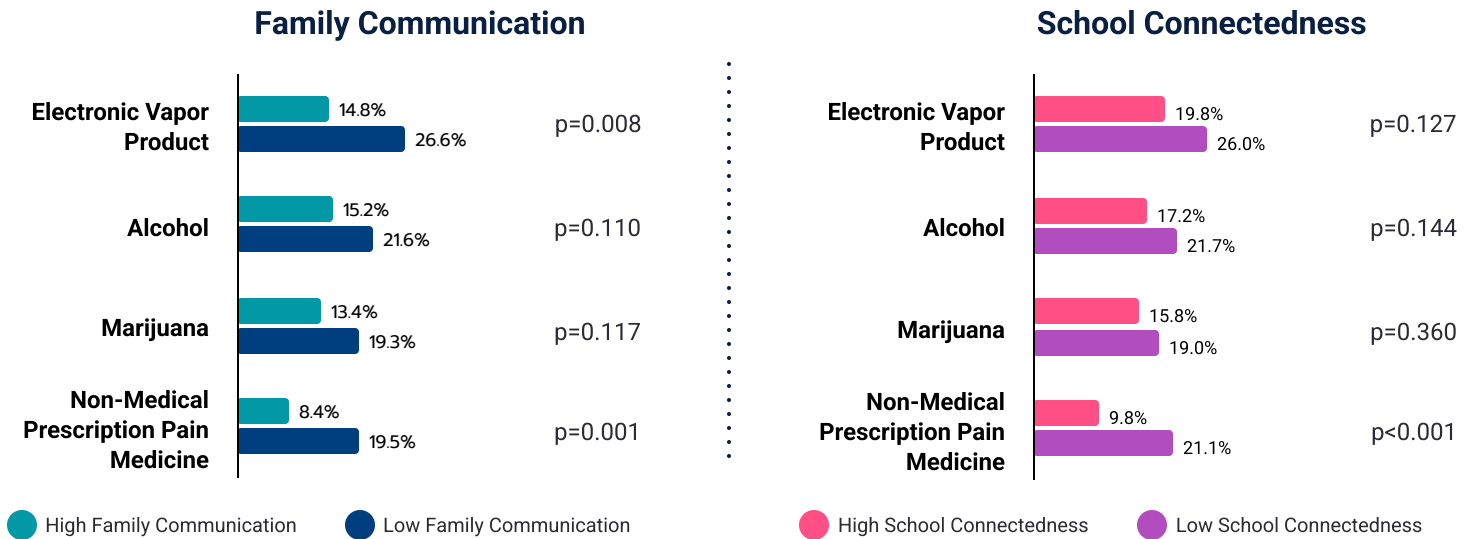
School Connectedness



- High School Connectedness
- Low School Connectedness



Prevalence of Past 30-day Substance Use Outcomes by PCEs Among Middle School Students with 4+ ACEs



Even among middle school youth with a high number of ACEs,
PCEs offer protection against some current substance use

Resources



Crisis Support Services of
Nevada/988 Hotline



Veto Violence: We Can Prevent
Childhood Adversity



Nevada 211



Prevent Child Abuse Nevada



NAMI Nevada



Essentials for Childhood: Preventing
ACEs through Data to Action



First 5 Nevada



Nevada Youth Risk Behavior Survey
(YRBS)



Nevada Statewide Coalition
Partnership