

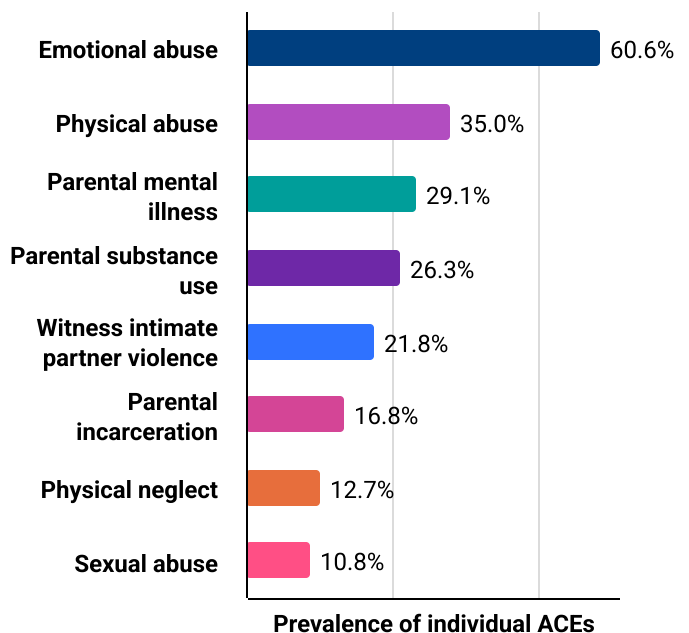
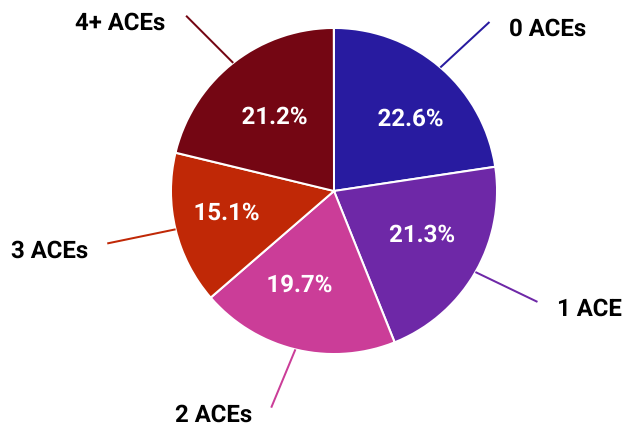


The influence of adverse childhood experiences (ACEs) and positive childhood experiences (PCEs) on mental health

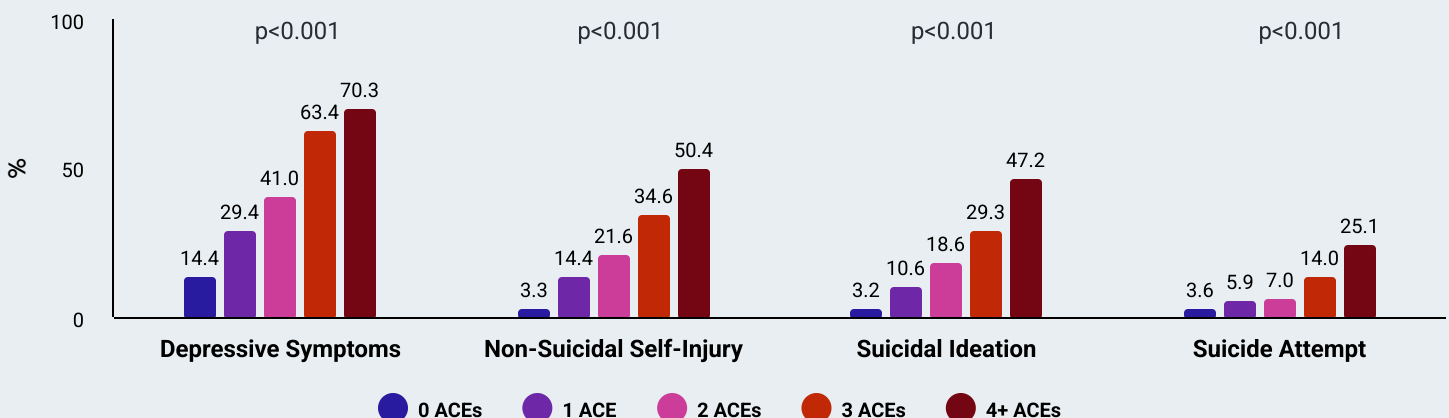
Findings from the 2023 Nevada High School YRBS (n = 4,513)*

ACEs are potentially traumatic events that occur before the age of 18 years. ACEs include abuse, neglect, and household challenges. High school youth who have more ACEs often have more negative health outcomes, including poor mental health.

Prevalence of ACEs among Nevada high school students



Prevalence of Past 12-month Mental Health Outcomes by ACE Score

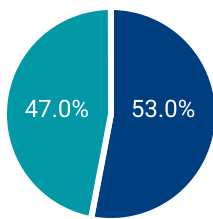




PCEs

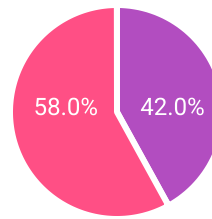
PCEs are positive experiences during childhood, including having safe, stable, nurturing relationships and environments. In the 2023 YRBS, youth were asked six questions covering family communication and school connectedness. An average family communication and school connectedness score was calculated and youth with scores higher than the average score were categorized as having high PCE exposure.

Prevalence of Family Communication and School Connectedness Among All High School Students*



Family Communication

- High Family Communication
- Low Family Communication

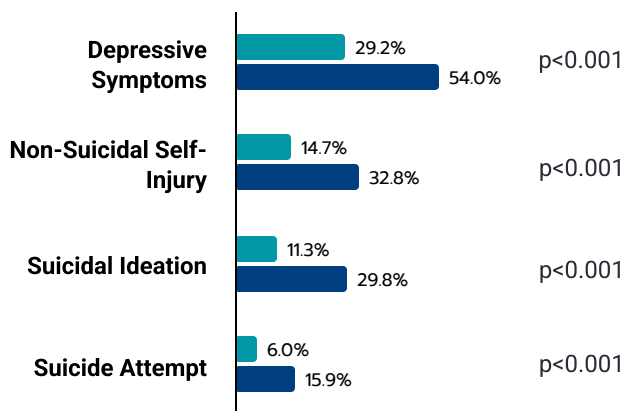


School Connectedness

- High School Connectedness
- Low School Connectedness

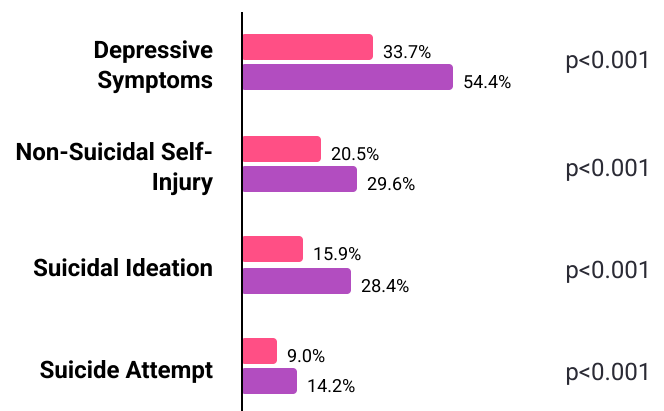
Prevalence of Past 12-month Mental Health Outcomes by PCEs Among All High School Students*

Family Communication



- High Family Communication
- Low Family Communication

School Connectedness

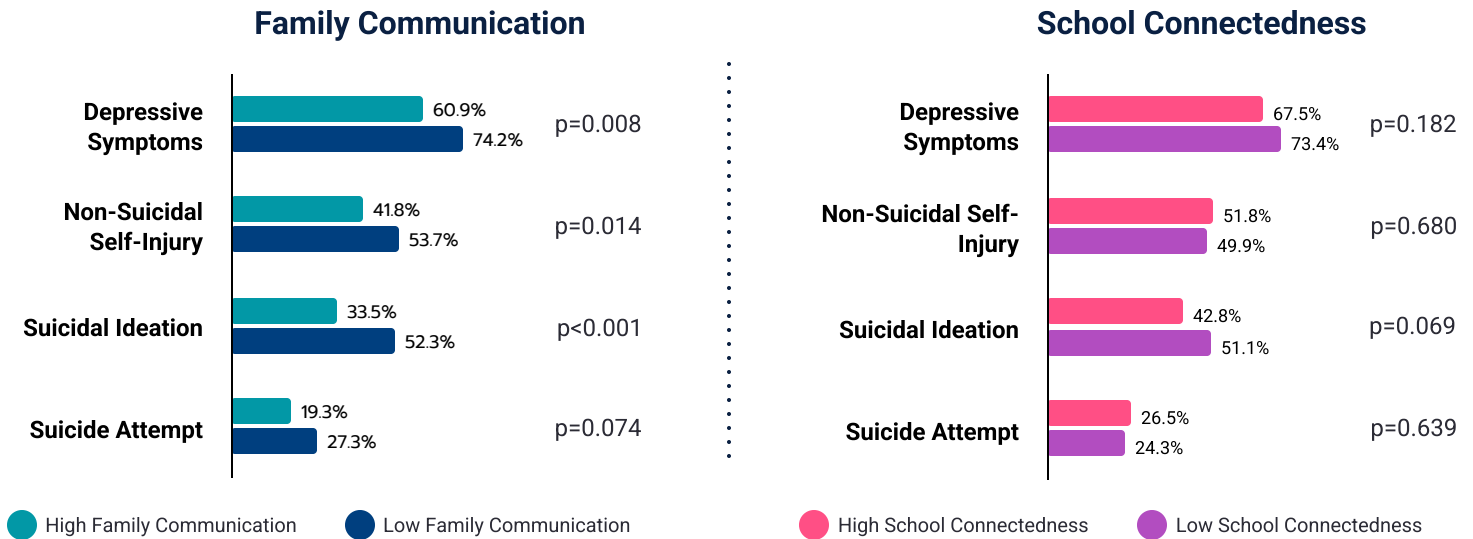


- High School Connectedness
- Low School Connectedness

*Findings only among youth who reported their age as less than 18 years old



Prevalence of Past 12-month Mental Health Outcomes by PCEs Among High School Students with 4+ ACEs



Even among high school youth with a high number of ACEs, family communication offers protection against poor mental health

Resources



Crisis Support Services of Nevada/988 Hotline



Veto Violence: We Can Prevent Childhood Adversity



Nevada 211



Prevent Child Abuse Nevada



NAMI Nevada



Essentials for Childhood: Preventing ACEs through Data to Action



First 5 Nevada



Nevada Youth Risk Behavior Survey (YRBS)



Nevada Statewide Coalition Partnership