

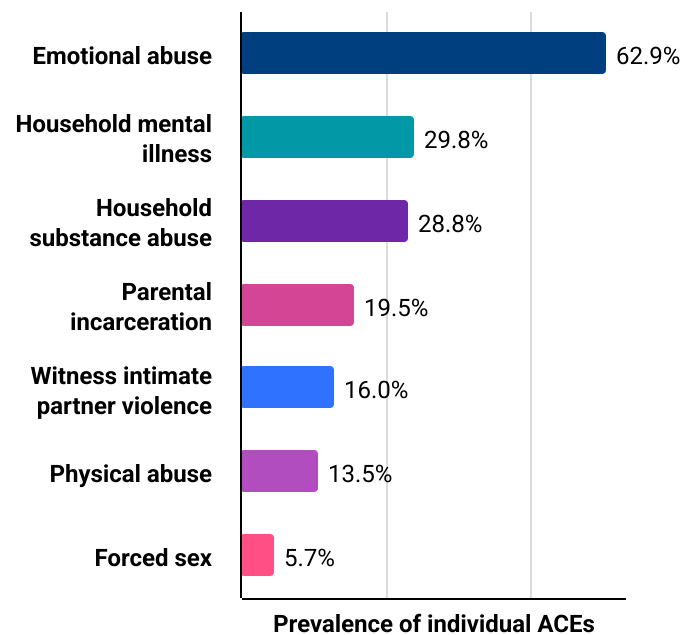
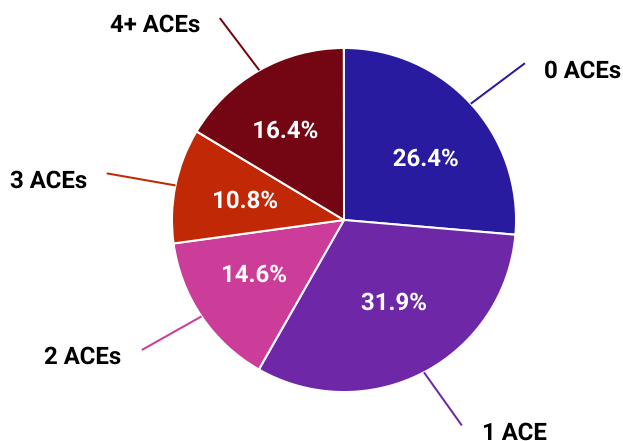


The influence of adverse childhood experiences (ACEs) and positive childhood experiences (PCEs) on Carson City School District mental health

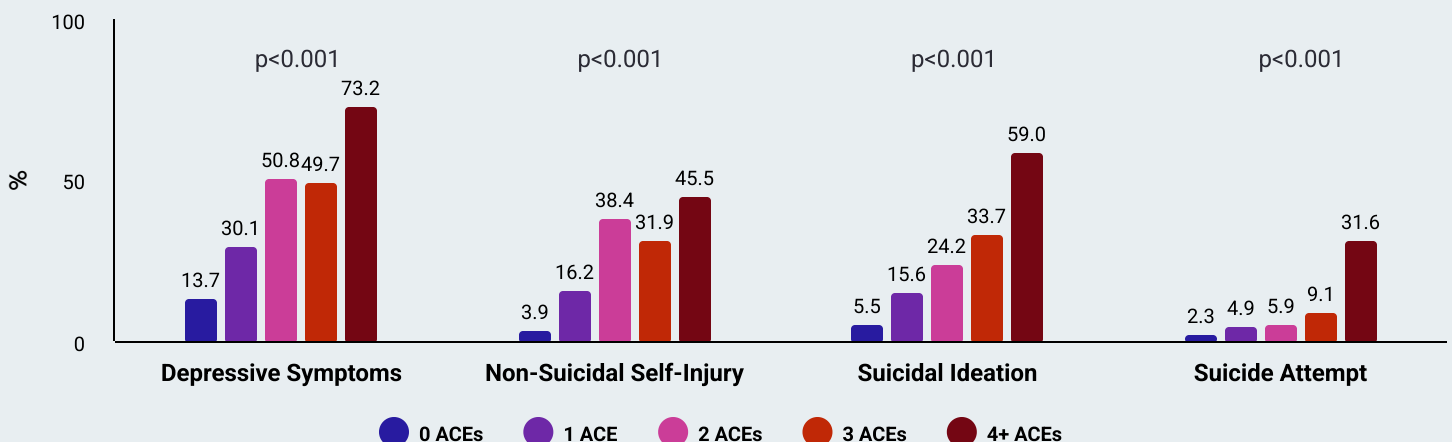
Findings from the 2023 Nevada Middle School YRBS (n = 359)

ACEs are potentially traumatic events that occur before the age of 18 years. ACEs include abuse, neglect, and household challenges. Middle school youth who have more ACEs often have more negative health outcomes, including poor mental health.

Prevalence of ACEs among Carson City School District middle school students



Prevalence of Past 12-month Mental Health Outcomes by ACE Score

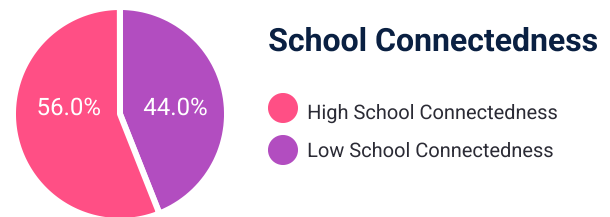
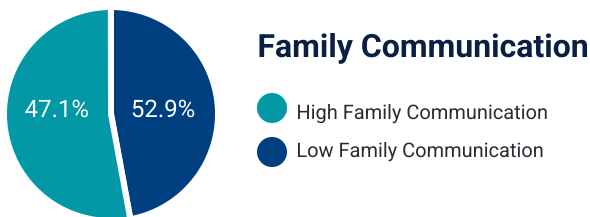




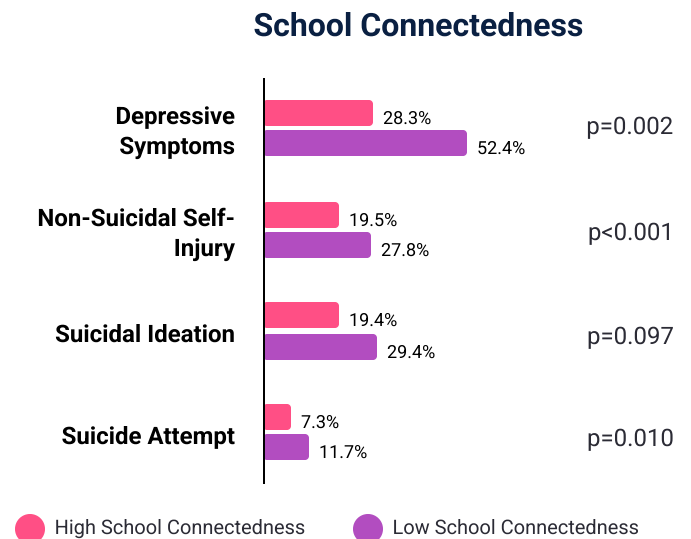
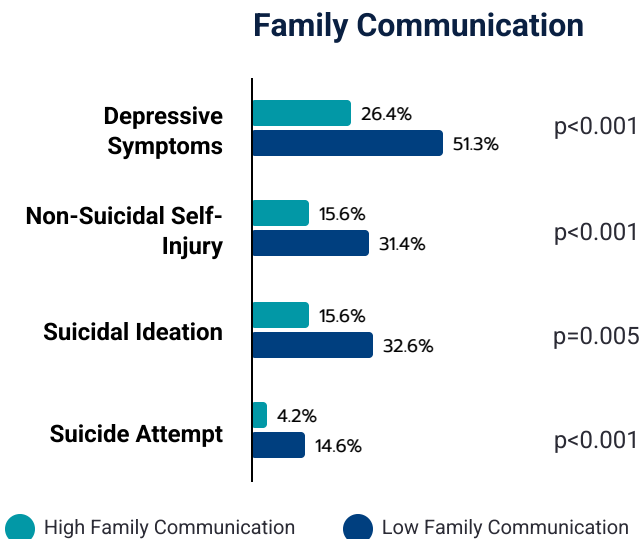
PCEs

PCEs are positive experiences during childhood, including having safe, stable, nurturing relationships and environments. In the 2023 YRBS, youth were asked six questions covering family communication and school connectedness. An average family communication and school connectedness score was calculated and youth with scores higher than the average score were categorized as having high PCE exposure.

Prevalence of Family Communication and School Connectedness Among Carson City School District Middle School Students



Prevalence of Past 12-month Mental Health Outcomes by PCEs Among Carson City School District Middle School Students



Crisis Support Services of Nevada/988 Hotline



Nevada 211



First 5 Nevada



NAMI Nevada



Prevent Child Abuse Nevada



Nevada Youth Risk Behavior Survey (YRBS)