

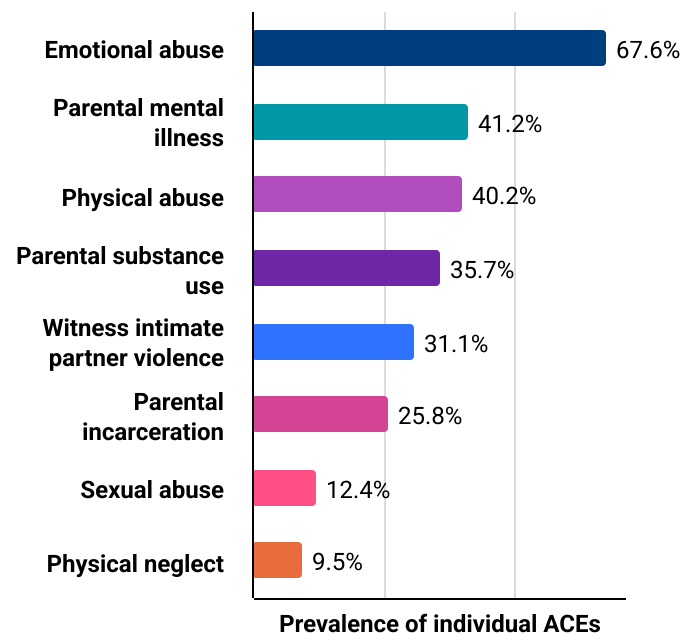
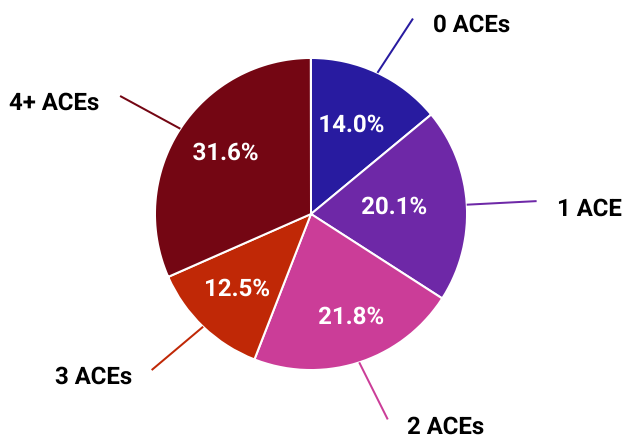


The influence of adverse childhood experiences (ACEs) and positive childhood experiences (PCEs) on Carson City School District mental health

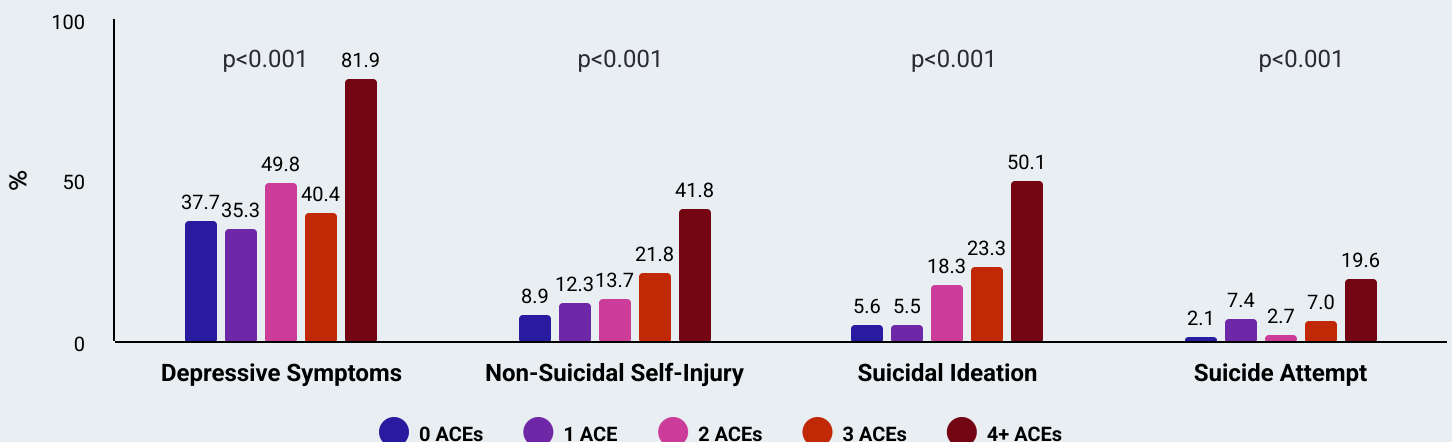
Findings from the 2023 Nevada High School YRBS (n = 238)*

ACEs are potentially traumatic events that occur before the age of 18 years. ACEs include abuse, neglect, and household challenges. High school youth who have more ACEs often have more negative health outcomes, including poor mental health.

Prevalence of ACEs among Carson City School District high school students



Prevalence of Past 12-month Mental Health Outcomes by ACE Score



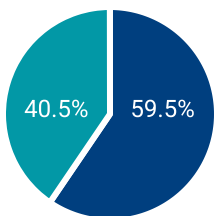
*Findings only among youth who reported their age as less than 18 years old



PCEs

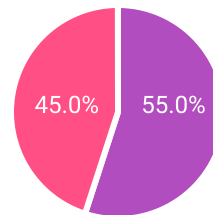
PCEs are positive experiences during childhood, including having safe, stable, nurturing relationships and environments. In the 2023 YRBS, youth were asked six questions covering family communication and school connectedness. An average family communication and school connectedness score was calculated and youth with scores higher than the average score were categorized as having high PCE exposure.

Prevalence of Family Communication and School Connectedness Among Carson City School District High School Students*



Family Communication

- High Family Communication
- Low Family Communication

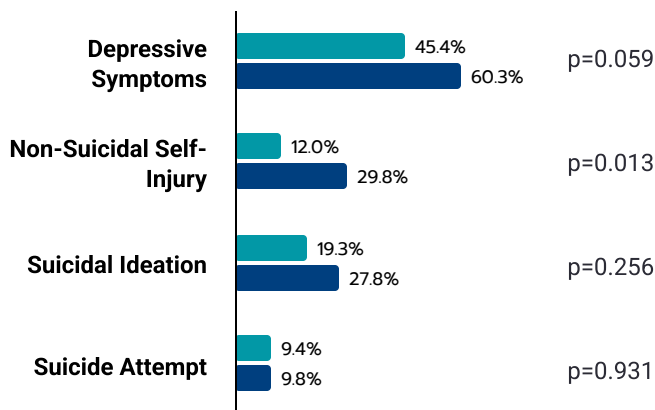


School Connectedness

- High School Connectedness
- Low School Connectedness

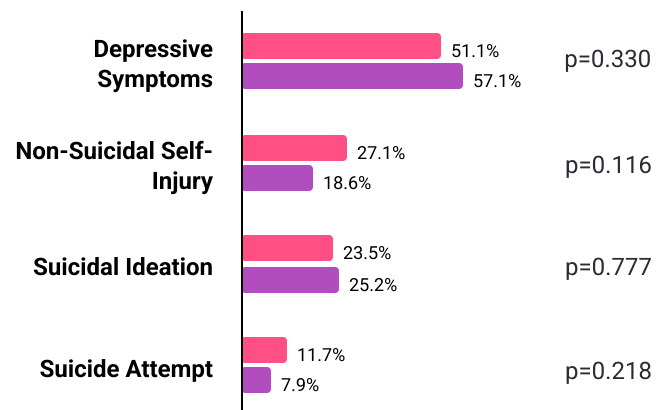
Prevalence of Past 12-month Mental Health Outcomes by PCEs Among Carson City School District High School Students*

Family Communication



- High Family Communication
- Low Family Communication

School Connectedness



- High School Connectedness
- Low School Connectedness

*Findings only among youth who reported their age as less than 18 years old



Crisis Support Services of Nevada/988 Hotline



Nevada 211



First 5 Nevada



NAMI Nevada



Prevent Child Abuse Nevada



Nevada Youth Risk Behavior Survey (YRBS)